

**Place, Operations and
Sustainability**

Service Manager:

Date: [Click here to enter a date.](#)

Dear Doctor

Information for General Practitioners

(Employee Name)

(Address)

the above-named employee of New Forest District Council **occasionally/regularly** encounters sewage and/or vermin during the course of their work.

With this in mind, you may wish to consider the possibility of leptospirosis.

Leptospirosis ranges from a mid-self-limiting 'flu-like' illness lasting only a few days to a severe, sometimes fatal, illness with meningitis, liver and renal failure. Common features are pyrexia (often of sudden onset), myalgia (often marked), headache, and conjunctival infection. More severe cases may have meningitis, rash, haemorrhage into skin or mucous membranes, and haemolytic anaemia. Renal and hepatic failure may also develop, although jaundice, if it occurs at all, will not present, and cardiac arrhythmias may occur.

Leptospirosis should be considered in the differential diagnosis of any 'flu-like' illness or meningitis occurring after contact with sewage or area contaminated with raw urine (e.g. farms), especially if adequate protective clothing was not worn, or if cuts or abrasions may have been contaminated.

If further information is required please contact me using the details below.

Kind regards

Name
Job Title
Section/Service
Tel No:
email: