

# Health and Wellbeing Plan 2025-26

## APPENDIX 2

Priority	Action	Lead Officer/Body	Progress and Timescales
<b>Working in Partnership</b>			
Develop a Touring Arts provision - ROAM	<ul style="list-style-type: none"> <li>Develop a mobile arts space by working with creative architects and local organisations to develop an innovative approach to the challenges identified around accessing activity.</li> <li>Identify and establish a key partner to host the arts centre.</li> <li>Work with Arts and Cultural partners to curate a touring programme post completion.</li> </ul>	Joanne McClay Jamie Burton	On track. Spring/early summer 2026.
Grant programme for internal and external (arts organisations) applicants	<ul style="list-style-type: none"> <li>Work within the agreed perimeters to support the application from community organisations and internal departments for arts, culture and creative activity that support local communities.</li> </ul>	Jamie Burton	Process set up
Engage with the “Hampshire District and Borough Wellbeing Leads” meeting to ensure strong representation to the Health and Wellbeing Board’s local priorities.	<ul style="list-style-type: none"> <li>Ensure that NFDC are represented at meetings to keep abreast of the latest developments in Health and Wellbeing.</li> </ul>	Jamie Burton	Ongoing
Work with Partners to deliver projects that support the outcomes identified in the Playing Pitch Strategy and Built Facilities Strategy	<ul style="list-style-type: none"> <li>Support the local community organisations to be in the best position to access relevant funding and that they can deliver the wider social impact programmes.</li> <li>Develop usage plan to maximise facility</li> <li>Support the development of business plans to ensure sustainable facility; usage plan to maximise community use; development plans to ensure best outcomes for residents.</li> <li>Support with the application and allocation of funding including from CIL, to support the strategic delivery of identified needs.</li> </ul>	Jamie Burton	Ongoing

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Blood Pressure awareness programme Health Checks for working age population targeting men.	<ul style="list-style-type: none"> <li>• Work with HCC/PCNs to support the testing programme for residents and employees of NFDC</li> <li>• Organise one testing session for working age population</li> </ul>	ICB PCNs Jamie Burton	February 2026
GRT Health & Wellbeing programme Support Bricks and Mortar GRT community as a distinctive local community who suffer a high level of health inequality.	<ul style="list-style-type: none"> <li>• Liaise with ICB and partners to deliver a programme of support for targeted communities where known bricks and mortar GRT live.</li> <li>• Community building in areas of higher level of bricks and mortar GRT.</li> <li>• Support wider health interventions in these areas.</li> </ul>	ICB Community Leaders Jamie Burton	Support network in progress
Administer the Community Grants Scheme, supporting organisations that meet the Council's grant award criteria.  Total budget of £130,000 (revenue) and £100,000 (capital).	<ul style="list-style-type: none"> <li>• To deliver the Council's annual Revenue and Capital Community Grants programme.</li> <li>• Monitor the delivery of 25/26 Capital project awards.</li> <li>• Support the application process for the 26/27 awards will open in September.</li> <li>• Develop funding agreements for Capital Grant projects to ensure delivery of 26/27 awards.</li> </ul>	Ryan Stevens Jamie Burton	Ongoing
<b>Increasing Physical Activity</b>			
Deliver a Playing Pitch Strategy and a Built Facilities Strategy	<ul style="list-style-type: none"> <li>• Develop and publish a compliant Playing Pitch Strategy and Built Facilities Strategy</li> <li>• Support its adoption to identify needs and gaps with regards playing pitches and built facilities.</li> <li>• Support the use of the Playing Pitch Strategy and the Built Facilities Strategy to address the identified short falls in facilities.</li> <li>• Develop an Action Plan and implementation of facilities identified to help NFDC achieve its obligations.</li> </ul>	Jamie Burton James Smith David Ibsley	December 2025

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Work with health care partners to ensure more residents with long term health conditions access the Active Lifestyles activity referral programme.	<ul style="list-style-type: none"> <li>Support the promotion of the Active Lifestyles scheme with local stake holders in appropriate forums to ensure understanding and take up by identified patients.</li> </ul>	Freedom Leisure Jamie Burton	Continuing support of the programme
Deliver the Live Longer Better project, encouraging older adults to be active to improved Healthy Life Expectancy.	<ul style="list-style-type: none"> <li>Establish a Community of Practice and consult with key target groups to identify gaps and needs.</li> <li>Use the evidence to develop identified projects.</li> </ul>		March 2027
Explore the application for the HCC Active Travel Grant	<p>Explore a submission to the grant fund.</p> <ul style="list-style-type: none"> <li>Create a programme of activity to increase cycling/walking for submission</li> <li>A successful grant application is submitted</li> <li>Work with partners to deliver the projects identified in the plan.</li> <li>Report back on any M&amp;E as part of the application.</li> </ul>	Jamie Burton NFDC departments Sustrans	March 2027
Monitor Strategic Facility Developments and Community User Groups to ensure the delivery of associated development plans	<ul style="list-style-type: none"> <li>Attend Community Use Group meetings as appropriate to ensure the delivery of the schemes in line with the identified development outcomes.</li> <li>Monitor the budget (to ensure sustainability) the usage plans (to ensure community access), and the development plan (to ensure the wider social outcomes are being achieved).</li> </ul> <p>Testwood ATP, Burgate ATP, Ringwood Football Facilities Noadswood/Waterside Gym Club</p>	Jamie Burton	Ongoing
Deliver the healthy walks programme with Community First Wessex, growing the number of walkers, trained volunteer walk leaders and number of walks around the district.	<ul style="list-style-type: none"> <li>Work with Community First Wessex and New Forest National Park Authority to deliver a Healthy Walks programme.</li> <li>Community First to run a Volunteer Walk Leader training event to train new walk leaders.</li> </ul>	Jamie Burton CFWessex NFNPA	Ongoing

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	<ul style="list-style-type: none"> <li>• Ensure a networking session is delivered to support volunteer walk leaders, ensuring training is up to date and volunteers are valued.</li> <li>• Ensure that there is a Health Walks programme across the district.</li> </ul>		
Deliver programmes with partners to keep older people active and connected through sport such as walking football	<ul style="list-style-type: none"> <li>• Work with partners to establish a new walking sport activity within the district.</li> </ul>	Jamie Burton	March 2026
<b>LGBTQI+ Football</b> Working with key members of the LGBTQI+ community, Hampshire FA to develop a programme that will increase opportunities to be active within the community and to break down barriers of the accessibility of football	<ul style="list-style-type: none"> <li>• Work with partners to deliver football playing opportunity targeting LGBTQI members of the community.</li> <li>• Explore the sustainability and the development of a team (number and participant dependent)</li> </ul>	Jamie Burton	January 2026
Work with and support sport and recreation partners to ensure the development of accessible sports facilities with appropriate development plans to increase participation within identified targeted groups.	<ul style="list-style-type: none"> <li>• Ensure that the Community Capital Grants funding agreements support the development of opportunities with targeted groups:</li> </ul>	Jamie Burton	Ongoing
<b>Dance leadership sessions</b> Build on the successful programme run in New Milton by Culture in Common	<ul style="list-style-type: none"> <li>• Work with Fawley Parish Council and Youth Dance Lab to develop a programme in Fawley Parish that helps to build confidence and skills of girls attending to be able to support others as young leaders.</li> </ul>	Jamie Burton Fawley PC Dance Lab	November 2025

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Develop 4 new Trail Tales using the JSNA to identify the areas of largest impact to encourage children and families to explore open space	<ul style="list-style-type: none"> <li>• Subject to securing funding, work with schools and communities to codesign story trails in local areas. Look at opportunities to support areas with open space improvements.</li> <li>• Consideration of trails in Pennington, Holbury, Calmore, Dibden Purlieu</li> </ul>	Jamie Burton and partners	March 2026
Develop projects to bring activity into public space supporting the redevelopment of NFDC focus areas	<ul style="list-style-type: none"> <li>• Work with arts organisations to develop infrastructure to encourage exploration and play in public space.</li> <li>• Improve informal physical activity</li> <li>• Increase footfall in high street/ public space</li> </ul>	Jamie Burton and partners	March 2026
<b>Improving Mental Wellbeing</b>			
Play a leading role in supporting the cultural organisations and creative individuals to increase opportunities to connect our communities through the new Creative and Cultural Strategy	<ul style="list-style-type: none"> <li>• Develop a Creative and Cultural Strategy for the district, liaising and engaging with stakeholders to ensure a strategy support the creative sector and the wider community.</li> </ul>	Joanne McClay	In progress December 2025
Deliver a Creative Health Workshop to support the understanding of the potential of Arts and Culture to deliver healthy outcomes	<ul style="list-style-type: none"> <li>• Support Culture in Common to organise a Creative Health Workshop identifying the potential of creative health to support patients and promote the creative health benefits and to health partners.</li> <li>• Explore potential future opportunities to deliver Creative Health programmes locally.</li> </ul>	Energise Me Culture in Common	September 2025
Support the delivery of the Culture in Common arts programme empowering targeted communities to co-design and deliver cultural activity locally.	<ul style="list-style-type: none"> <li>• Attend regular consortium meetings to champion the needs of the wider community and support with the delivery to least engaged sections of New Forest District Council's communities.</li> </ul>	Joanne McClay/ Jamie Burton	Ongoing

Girls resilience programme using the Beewell survey to target support for girls in identified “neighbourhoods”	<ul style="list-style-type: none"> <li>• Work with the School Improvement manager for the New Forest to develop a Girls resilience programme based on evidence of priority need.</li> </ul>	Hampshire County Council Jamie Burton	March 2026
A programme of place-based community led art projects on the theme of belonging utilising CIL funding	<ul style="list-style-type: none"> <li>• Identify priority areas, communities and themes identified for projects</li> <li>• Develop application process for local commissions.</li> <li>• Identify the budget and the number of schemes that can be supported</li> <li>• Work with partner to support the management of the commission programme</li> <li>• Promote, collate and review applications</li> <li>• Award, monitor and evaluate schemes.</li> </ul>	Jamie Burton Joanne McClay	Process set up and progressing
Support identified groups to tackle the issues of suicide	<ul style="list-style-type: none"> <li>• Explore the promotion of the Samaritans support signage in car parks within the New Forest District Council area, including those within the National Park and Forestry England area.</li> <li>• Offer training for open space workers to support them if they discover people at risk of suicide and to know what support is available for those who discover a death from suicide.</li> </ul>	Hampshire Public Health, Jamie Burton, NFNPA, FE, Samaritans	March 2026
<b>Sensory Walks</b> Two sensory walks have been identified and developed in the district through working with HCC public health. Mitigation team had stated that they would like more of the mitigation sites mapped as sensory walks	<ul style="list-style-type: none"> <li>• Create a revised layout for the two sensory walks to ensure they are accessible and appealing to residents.</li> <li>• Identify, map and photograph two more sensory walks in the district.</li> </ul>	Jamie Burton Recreation Mitigation Team	December 2025