

Health and Wellbeing Plan 2022-2025

(Action plan reviewed and updated annually)

Priority No	Action	Lead Officer/Body	Progress	Timescales
PRIORITY NO 1 - WORKING IN PARTNERSHIP				
Establish a Healthier New Forest Partnership.	<p>Schedule quarterly meetings with key partners including Hampshire County Council, Energise Me, the Integrated Care Board Partnership, New Forest National Park Authority, and Community First.</p> <p>Draft and agree terms of reference for the group. Develop an Action plan to target priorities – agreed by the Partnership</p>	Joanne McClay Jamie Burton	<p>Scheduling of meetings is in progress.</p> <p>Terms of Reference drafted and ready to present to the partnership</p>	The Healthier New Forest Partnership met in March. Quarterly meetings agreed. Terms of Reference drafted Action planning started
Work with the New Forest National Park Authority and local health partners to deliver a Green Health Hub to maximise the health opportunities of the natural environment.	<p>Work in partnership with the New Forest National Park Authority (NFNPA) to develop a Green Health Hub bringing the benefits of being physically active outdoors to the community, and to promote programmes.</p> <p>Support the development of the Green Health Hub website hosted by the NFNPA for communities to access outdoor activity information.</p>	NFNPA Jamie Burton	The website, logo design and site details have been agreed. Testing underway by NFNPA.	Expected go live April 2023
Engage with the “Hampshire District and Borough Wellbeing Leads” meeting to ensure strong representation to the Health and Wellbeing Board’s local priorities.	<p>Ensure that NFDC are represented at meetings.</p> <p>Review the Group’s TOR in light of recent changes in the public health structures.</p>	Jamie Burton	The District Leads meetings are ongoing. NFDC chair meetings.	TOR have been reviewed and updated.

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<p>Support the reduction of anxiety linked to energy price increases through the Warmer Homes Collaboration.</p>	<p>Cost-of-living advice and support available from NFDC, along with signposting to support offered by other partners, is published on the Council's website.</p> <p>Proactively promote on the Council's website (and through work in the community) the Warmer Homes Grants initiative to ensure residents can access the two separate funds below to improve energy efficiency for their homes.</p> <p>1.Support residents in receiving Home Upgrade Grant (HUG) (a separate Government fund) to upgrade the energy efficiency of properties in the worst performing off gas grid homes.</p> <p>2.Support residents in receiving LAD3 funding for retrofit measures in private sector housing in the district.</p>	<p>Ryan Stevens</p> <p>Kirsty Farmer</p>	<p>Member of Portsmouth City Council led consortium for Hampshire residents. Funding received from Government - £15M To date, £197k spent on 29 properties, further 279 applications pending decision.</p> <p>Additional Consortium HUG funding secured for eligible residents - £16M. In New Forest to date, grant allocated to 19 properties amounting to £258K for floor and wall insulation.</p> <p>£408k received by NFDC area with 73 properties completed (cavity wall insulation and solar PVs).</p>	<p>Ongoing</p>
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	As a housing authority, the council continues to receive social housing decarbonisation funding to support energy efficiency retrofit measures for council housing stock.		Council received £300k in 23/24 and has applied for a further £549k in 23/24.	
Support the community safety outcomes for local residents through the Safer New Forest Partnership.	<p>Continue to play lead role in the Safer New Forest Partnership working collaboratively with partners to ensure the Partnership Plan priorities are in place, monitored and reviewed.</p> <p>Existing Plan can be viewed at: https://www.safer.newforest.gov.uk/article/2324/Safer-New-Forest-partnership</p> <p>The Plan for 23/24 will be published in April 23 and has the following priorities:</p> <ul style="list-style-type: none"> - Drug and alcohol related harm - Domestic abuse - Tackling crime and fear of crime through education, prevention, and enforcement. <p>Deliver training and awareness sessions to public sector partners to help tackle identified priorities.</p> <p>Engagement with youth groups on crime and antisocial behaviour in their area.</p>	Nikki Swift and Community Safety Team	<p>6 community engagement events in 22/23 engaging with 529 people.</p> <p>8 bike register events across the district.</p> <p>Visits to skate parks, the Handy Trust and Foodbanks to engage with youth groups.</p> <p>Safer New Forest Young Person Survey– 148 completed surveys. 96% very satisfied and satisfied with living in the New Forest.</p> <p>New Partnership Plan is in place.</p>	Ongoing
Work with community organisations and voluntary groups in order to tackle the causes and impact of health inequalities within identified communities	Work with Fawley Parish Council and MOD to tackle the issues of isolation within the Calshot community, its lack of facilities within the village, lack of transport from the village and the potential lack of integration between the two distinct communities. Improving the Council's engagement with the community to:	Jamie Burton Ryan Stevens CAB Housing team	Weekly youth group meeting established at St George's Hall. Food larder attending Calshot with Citizens Advice and NFDC.	Ongoing

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	<ul style="list-style-type: none"> - Develop a youth group to support young people and to develop relationship with families. - Bring the local community and the army community together to identify shared issues and understand how they may be tackled. - Ensure St Georges Hall is available to the community as an accessible venue. - Ensure there is a food larder presence in Calshot - To use this programme as a pilot for the delivery of support at other identified communities. 		Wrap around work rolled out at 5 food larder venues in Calshot, Pennington, Fordingbridge, Totton and New Milton.	
<p>Administer the Community Grants Scheme, supporting organisations that meet the Council's grant award criteria.</p> <p>Total budget of £130,000 (revenue) and £100,000 (capital).</p>	<p>To deliver the Council's annual Revenue and Capital Community Grants programme.</p> <p>Develop funding agreements for Capital Grant projects to ensure delivery.</p> <p>Monitor existing Capital Projects and award stage funding as appropriate.</p>	Ryan Stevens Jamie Burton	<p>Grants Panel has met and Cabinet have agreed the following:</p> <p>Awards of £129,600 (revenue) 92,000 (capital) recommended.</p> <p>Application value of £249,430 (revenue) and £161,040 (capital).</p> <p>27 applicants - 19 revenue 8 capital 19 successful awards recommended (13 revenue; 6 capital)</p>	Ongoing
Further develop information sharing and collaboration between services within the	A cross departmental officer group has been established, to respond to the cost-of-living crisis.	Ryan Stevens	Monthly meetings to ensure that information is shared effectively, and	In progress

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council to respond to the cost-of-living crisis.	Dedicated cost-of-living support page published on the Council's website and promoted by officers out in the community, to offer required support.		residents receive support.	
PRIORITY NO 2 – INCREASING PHYSICAL ACTIVITY				
Work with health care partners to ensure more residents with long term health conditions access the Active Lifestyles activity referral programme.	<p>Identify geographical locations and health conditions with fewer referrals from social prescribers.</p> <p>Continue to promote the Active Lifestyles scheme with local social prescribers in appropriate forums to increase uptake.</p> <p>Quarterly meetings with the Regional Manager and Healthy Communities Manager to identify areas to increase take up.</p>	Freedom Leisure Jamie Burton	Continue to meet with social prescribers and leisure partners to ensure increased take up	Ongoing
Increase in number of Active Lifestyles participants that complete the programme and continue to lead an active lifestyle.	To increase the number of end-of-programme assessments to ensure post programme retention.	Freedom Leisure Jamie Burton	32% increase in 2022 in retained numbers to date	In Progress
Work with the New Forest School Sports Partnership to increase activity in identified groups.	<p>Work with the New Forest School Sports Partnership to deliver a leadership academy with New Forest secondary schools.</p> <p>Train up to 30 young people with leadership skills and multi-sport qualification and qualifications to deliver netball, football, and rugby sessions.</p> <p>Partnership Development Manager to support the attendees to deliver the activity</p> <p>Young Leaders to support primary school festivals in 23/24 targeting less active pupils.</p>	Jamie Burton The Schools Sports Partnership		Spring/ Summer term 2023

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<p>Manage the Just Got Home (JGH) Scheme to ensure that residents leaving hospital are supported to be able to live an independent lifestyle.</p>	<p>Continue to work in partnership with New Forest Disability Information Service to ensure the JHG scheme supports residents.</p> <p>Continued support to residents released from Lymington hospital.</p> <p>The service has been extended to residents released from Fordingbridge hospital with effect from April 22.</p>	<p>Kirsty Farmer</p>	<p>To date (2022/23) there have been 221 referrals from Lymington and 79 from Fordingbridge</p>	<p>2022/2023</p>
<p>Deliver the healthy walks programme with Community First Wessex, growing the number of walkers, trained volunteer walk leaders and number of walks around the District.</p>	<p>Work with Community First Wessex and New Forest National Park Authority to deliver a Healthy Walks programme.</p> <p>Community First to run a Volunteer Walk Leader training event to train new walk leaders.</p> <p>Ensure a networking session is delivered to support volunteer walk leaders, ensuring training is up to date and volunteers are valued.</p> <p>Ensure that there is a Health Walks programme across the district.</p>	<p>Jamie Burton CFWessex NFNPA</p>	<p>Q1, Q2 and Q3 of 2022/23: 9 Walking Schemes delivered Walking hours – 4478 Volunteer Walk Leaders – 35 Volunteer Hours Recorded – 1655 Volunteer event – 18 leaders attended 16 Walk Leaders received certificated First Aid Training</p>	<p>Ongoing</p>
<p>Deliver programmes with partners to keep older people active and connected through sport such as walking football</p>	<p>Work with Applemore School, Hampshire FA and the Primary Care Network to set up walking football sessions at Applemore School Artificial Grass Pitch (AGP).</p>	<p>Jamie Burton</p>	<p>Walking football sessions running weekly at Applemore AGP. Up to 20 attendees</p>	<p>Ongoing</p>
<p>Administer NFDC disabled facility grants (DFG) adaptation grants and hospital discharge grants to support residents living independent lives for longer</p>	<p>Maximise the available DFG funding awarded through the Better Care Fund and the Council's own Housing Revenue Account to bring about adaptations in residents' homes to improve their quality of life.</p>	<p>Kirsty Farmer</p>	<p>Total Grant Spend (Better Care Fund) 22/23 - £900k (79 cases completed)</p>	<p>Ongoing</p>

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			Total Grant spend for HRA 22/23 - £1M (83 cases completed)	
Work with and support sport and recreation partners to ensure the development of accessible sports facilities with appropriate development plans to increase participation within identified targeted groups.	<p>Ensure that the Community Capital Grants funding agreements support the development of opportunities with targeted groups:</p> <p>Totton Rugby Club to develop greater female participation. Fawley Rugby Club to develop greater female participation. Gang Warily leisure centre to develop greater participation in key groups with their facilities development.</p> <p>Monitor the Community Use Agreement on Ringwood artificial grass pitch and pavilion development to ensure that programmes increase participation within targeted groups.</p> <p>To ensure the redevelopment of Burgate artificial grass pitch facility has a development plan which includes measures to support an increase in participation within identified targeted groups.</p>	Jamie Burton	<p>Funding Agreement in place with: Fawley Rugby Club Tottonians Rugby Club Gang Warily Leisure Centre</p> <p>Monitor progress in developing greater female participation</p> <p>Ringwood AGP Facility completed February 23</p> <p>Burgate facility meetings are ongoing to ensure appropriate development plan</p>	
Support partners to deliver the Holiday Activity Fund to ensure families on Free School Meals can access activity and hot meals through the holidays.	Work with partners at Hampshire County Council, Local Children's Partnership (LCP) and Citizens Advice to ensure the Holiday Activity Fund (HAF) programme over the holidays has coverage across the district and targets areas with Free School Meals.	Jamie Burton	Summer HAF ongoing 18 organisations delivered 7966 funded places to those eligible for Free School Meals.	Ongoing

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	To map the applications to run activity, to identify gaps and to work with local community groups to ensure families can access activity.			
PRIORITY NO 3 – IMPROVING MENTAL WELLBEING				
Play a leading role in supporting the cultural organisations and creative individuals to increase opportunities to connect our communities through the new Creative and Cultural Development Officer post (CCDO).	<p>CCDO 3 year post in place until May 2025 funded by NFDC and Arts Council England (ACE).</p> <ol style="list-style-type: none"> 1) To increase participation and inclusive access to arts and cultural activities for the improvement of our communities physical and mental health and wellbeing. 2) To play a lead role in supporting arts and cultural organisations, creative practitioners and businesses to thrive, sustainably, ensuring a well-connected, resourced and inspired industry. 3) To improve our neighbourhoods, installing pride in place and establishing community cohesion. 4) Improving opportunities for young people to engage in creative education and develop creative careers. 5) Manage Folio Partners network to include organisations delivering community focused work in the district. 6) Create Folio Creatives to support local creatives to ensure a workforce to deliver local work. 7) Run network events to support the local cultural sector. 8) Improve communications between and with the creative and cultural sector within the District. 9) To develop a Cultural Strategy to deliver a sustainable arts and cultural programme in the New Forest. 	Kealy Whenray	CCDO post in place. Quarterly Folio Partners network meeting – membership increased. Folio Creatives created >100 individuals signed up. Workshops on grant funding applications and how to reach new audiences. Developed relationship with Southampton University to identify how to increase young people’s engagement in Arts and Culture.	On going
Support the delivery of the Culture in Common arts programme empowering targeted communities to co-design and deliver cultural activity locally.	Attend regular consortium meetings with Energise Me, New Forest National Park Authority, Folio and the Handy Trust. To train Community Anchors to empower identified people from local communities to support the programme. To deliver taster sessions to identified community groups to support the delivery of co-designing of programmes.	Energise Me. Jamie Burton	Community Anchors training course completed. Seven taster sessions completed.	2022-2025 Culture in Common programme Business Delivery Plan completed and returned to ACE.

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				Initial projects identified
Work with the Local Children's Partnership to increase the levels of awareness and understanding of mental health issues and empower adults to have conversations about wellbeing through the Back-to-Basics programme.	<p>Support the Local Children's Partnership in piloting the Back-to-Basics programme developed by Solent Mind to encourage conversations on how basic steps such as getting enough sleep, eating well and being physically active can improve mental wellbeing and resilience.</p> <p>Support in developing the Back-to-Basics programme based on feedback from pilot.</p> <p>Roll the Back-to-Basics programme out to New Forest Schools</p>	Jamie Burton	Pilot programme completed.	<p>On going following review of the pilot.</p> <p>Funding application being submitted by the LCP to ensure the delivery of the project locally.</p>
Provide training for volunteers that support residents that are homeless.	Provide awareness training to organisations that may encounter homeless people to ensure an understanding of how best to support those at risk of homelessness.	Megan Ward	Homelessness training delivered to 6 organisations. Continue to communicate any updates to organisations	Ongoing
Work to support homeless people with employment support and mentorship.	Continue to support Beam, a social enterprise which specialises in supporting homeless people into employment, to offer tailored support and mentor any of our homeless clients into employment https://beam.org/ . Continue the Homelessness Support delivered through the Council's Government funded Support Workers, including early intervention and multi-agency working to bring about solutions to get people back into work.	Megan Ward	Supporting 4 homeless people in to work	Ongoing
Work with the New Forest School Sports Partnership to support young people to maximise their resilience and	Work with New Forest Schools Sports Partnership to deliver a climbing project targeting less engaged students. Schools to identify up to 40 students that would benefit from confidence building and responsibility.	Jamie Burton	Schools identified Staff changes at climbing venue delayed the delivery of the programme.	Spring/Summer 2023

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capabilities.	Support the delivery of a leadership workshop to identified pupils.			
Operate a befriending scheme targeting those residents who are homeless.	Work in partnership with the Crossings to ensure a befriending service for those in temporary or settled accommodation and require support/assistance with tenancy sustainment	Megan Ward	Have supported 5 clients	Ongoing
Support identified groups to tackle the issues of poor mental health	Work with key partners, including Hampshire County Council (HCC), the Farming Community Network (FCN) and Hampshire Police to deliver a workshop targeting rural workers (farmers and commoners) and the causes of poor mental wellbeing in this group. Use the insight gathered from the Hampshire Farmers Wellbeing Survey, conducted by HCC and FCN to identify issues to focus on and to manage the workshop programme.	Jamie Burton	Programme developed.	The 'Yarn in a Barn' workshop was delivered with 60+ people in attendance.